

**San Diego Zoo Global**  
**Training Points List: Omnivores**  
Updated October 2013

Item	Points per g	Comments
<b>General items</b>		
NB Zoo Carnivore Diet-5	1.4	
NB Zoo Carnivore Diet-15	2.3	
Beef shank	1.3	1 shank = 69% (2740 g) meat
Beef heart	1.2	
Mazuri Omnivore	3.4	
Trout	1.2	
Mackerel	1.0	
Herring	1.7	
Capelin	1.0	
Pompano	1.2	
Squid	0.8	
<b>Dry dog food</b>		
Natural Balance Venison & Sweet Potato	3.0	
Natural Balance Lamb Meal & Brown Rice	3.5	
Natural Balance Fish & Sweet Potato	3.5	
Iams Mini-chunks	3.6	
Iams Weight Control	3.6	
<b>Wet or semi-wet dog food</b>		
Natural Balance Lamb Formula Roll	2.1	
Natural Balance Potato & Duck Treat Roll	1.9	No more than 100 g/day
Natural Balance canned dog food, any flavor	1.1	
Science Diet Canine/Feline a/d	1.2	No more than 1/2 can/day

lams canned dog food, any flavor	1.2	
<b>Cat food</b>		
lams Regular, dry	4.5	
lams Weight Control, dry	3.6	
Natural Balance, dry	3.6	
Natural Balance, canned	1.3	
<b>Leafy Green Vegetables</b>		
Bok choy	0.1	
Cabbage	0.2	
Cabbage, Nappa	0.1	
Cabbage, red	0.3	
Collards	0.5	
Dandelion	0.5	
Kale	0.50	
Lettuce, bibb	0.1	
Lettuce, iceberg	0.1	
Lettuce, romaine	0.2	
Mustard greens	0.3	
Parsley	0.4	
Spinach	0.2	
Turnip greens	0.3	
Watercress	0.1	
<b>Vegetables</b>		
Beans, Green, raw	0.3	
Broccoli, raw	0.4	
Carrot, baby or regular, raw	0.4	
Corn, sweet, raw Cob (29%) Husk and silk (35%)	1.0 (no cob) 0.75 (on cob) 0.5 (w/ husk and	Not appropriate for colobines or diabetics

	cob)	
Corn, sweet, frozen, uncooked	1.0	Not for colobines or diabetics
Cucumber, with or without peel, raw	0.2	
Garbanzo beans	0.8	
Peas, green, raw	0.8	
Pepper, green, red, yellow, raw	0.2	
Pinto beans	0.7	
Yams	1.2	
Zucchini, raw	0.2	
<b>Invertebrates</b>		
Crickets, Adults	1.5	
Mealworms, medium	1.5	
<b>Other</b>		
Beef fat, lard, or marrow	9.0	
Kirkland canned chicken	1.1	
Gerber chicken baby food	1.4	No more than 1 jar/day
Peanut butter		
Smooth, Skippy	6.0	Not appropriate for diabetics, unless Natural is used
Reduced fat	5.5	
Natural (No sugar added)	7.0	

**Zoological Society of San Diego**  
**Training Point List Worksheet**  
 Updated September 2013

Animal or Group	Daily Enrichment points allotted	Food Item to be used	Enrichment points per g or ml	Amount to be offered, g or ml
Example:				
Singing Dog, Piccolo	100	Canned chicken	1.1	91 g
Wolf, Koda	150	Lamb Formula Roll	2.1	71 g
Wolf, Akela	80	20 g chicken baby food, <b>PLUS</b>	1.4	<b>20 g = 28 Points</b>
		Lamb Formula Roll	2.1	80 – 28 = 52 Points left 52 / 2.1 = <b>25 g</b> offered
Hyena, Turbo	225	½ can Science Diet a/d, <b>PLUS</b>	1.2	½ can ( <b>78 g</b> ) = 94 Points
		Red cabbage	0.3	225 – 94 = 131 Points left 131 / 0.3 = <b>435 g</b> offered

To calculate Amounts to be offered = 
$$\frac{\text{Animal or group Enrichment point per day}}{\text{Food item Enrichment point per g or ml}}$$