

Podcast outline

- 0:00 introductions.
- 3:19 Val shares about where she first started learning about and implementing enrichment.
- 6:25 Val shares information about two books available on the topic of enrichment. Hal Markowitz – behavioural enrichment in the zoo and Robert Young – Environmental enrichment for captive animals.
- 7:19 Val talks about the Shape or enrichment, what it is and how it got started.
- 11:50 Val talks about what's involved in a Shape of enrichment workshop including sharing stories from a recent workshop at Sea Life Brighton aquarium.
- 18:43 Val talks about the Shape or enrichments holistic approach and what this means. This includes a three-element definition of what enrichment is and the 5 categories or enrichment shape uses when thinking about enrichment.
- 23:13 Here we talk about three big components of managing animal behavior – Training, enrichment and problem solving... diving deep into the problem-solving side of things.
- 29:25 Val talks about how the Shape's method is process orientated and shares information about the Shape's planning chart.
- 47:15 Val shares some favourite stories from her career so far.